

ST WINNOW PE CURRICULUM Sept 2019 - July 2020 v1

This document maps out the PE units that are taught throughout the year, although the order of activities may at times change due to facilities and availability.  
Each class teacher will work alongside a qualified coach and/or PE specialist during the year.

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Class 1 (EYFS) Wednes - WB Friday - SJL & NC	Physical Literacy (Run/Jump/Skip/Gallop/Hop/Dodge) Multi-skills (Throwing/catching / rolling / dribbling - hands & feet) Balance Bikes to be incorporated into lessons to focus on balance/agility/coordination Movement Skills/Self Awareness through Gymnastics and Dance type activities Athletic skills through running, jumping & throwing					
Class 2 Years 1/2 Fridays - AD & SJL	Physical Literacy (Run/Jump/Skip/Gallop /Hop/Dodge)	Dance	Gymnastics	Physical Literacy & Equipment though Games (Throwing/catching / rolling / dribbling - hands & feet)	Athletic skills through running, jumping & throwing	Striking & fielding skills through Cricket/ Rounder's type activities
Class 3 Years 3/4 Fridays - BC & SJL	Multi-skills through Invasion Games	Dance (Friday)  Swimming (Wednesday)	Gymnastics	Invasion Games - Netball	Striking & Fielding - Cricket / Rounders	Athletics
Class 4 Years 5/6 Fridays - GJ & SJL	Invasion Games - Netball / Basketball / Tag Rugby	Dance (Friday)  Swimming (Wednesday)	Gymnastics	Invasion Games - Football / Hockey	Striking & Fielding - Cricket / Rounders	Athletics