

ST WINNOW PE CURRICULUM Sept '18 - July '19 v1

This document maps out the PE units that are taught throughout the year, although the order of activities may at times change due to facilities and availability.

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
<b>Class 1: N.Chandler EY/Year 1</b>	Multi-skills - (Throwing/catching / rolling / dribbling - hands & feet)	Invasion Games - using a range of previously learnt skills & a range of sports <i>ARENA SOW -KS1 Games</i>	Athletic skills through running, jumping & throwing ( <i>Sports hall Athletics / Quad Kids</i> )	Dance  <i>ARENA SOW - KS1 Dance</i>	Swimming (Except Reception)	Striking & fielding skills through Cricket/ Rounder's type activities <i>ARENA SOW - KS1 S &amp; F</i>
<b>Class 1 N.Chandler / J.Danks Fridays</b>	Physical Literacy (Run/Jump/Skip/Gallop /Hop/Dodge)	Dance	Gymnastics  <i>ARENA SOW - KS1 Gymnastics</i>	Multi-skills - (Throwing/catching / rolling / dribbling - hands & feet)	Athletic skills through running, jumping & throwing	Net & Wall skills through Tennis/Badminton <i>ARENA SOW - KS1 Net &amp; Wall</i>
<b>Class 2 J.Franklin Years 2, 3 &amp; 4</b>	Multi-skills through invasion games - (Throwing/catching / rolling / dribbling - hands & feet)	Invasion Games - Football / Hockey	Dance	Striking & Fielding Skills - Rounders/Cricket	HRF ( <i>PoPE SOW</i> )	Net & Wall Skills - Tennis/ Badminton
<b>Class 2: G.Joseph / J.Danks Fridays</b>	Invasion Games - Netball / Basketball / Tag Rugby	Swimming	Gymnastics	OAA - Team Building & Orienteering	Athletics Skills /Quad Kids	Striking & Fielding - Cricket
<b>Class 3 L.Hamilton Years 5 &amp; 6</b>	Multi-skills/Training Types ( <i>PoPE SOW</i> )	Invasion Games - Football / Hockey	Dance	Striking & Fielding Skills - Cricket / Rounders	HRF ( <i>PoPE SOW</i> )	Net & Wall Skills - Tennis/ Badminton
<b>Class 3: L.Hamilton / J.Danks Fridays</b>	Invasion Games - Netball / Basketball / Tag Rugby	Swimming	Gymnastics	OAA - Team Building / Orienteering	Athletics Skills /Quad Kids	Striking & Fielding - Cricket / Rounders